



Greetings

SOUTHERN DIVISION
NEWSLETTER
Labor Management Action Group
DECEMBER 1, 1982

TO ALL EMPLOYEES AND THEIR FAMILIES :

*Our Holiday Greeting and Best Wishes
are expressed for a Happy, Healthy and
Prosperous New Year to all.*

*J. W. Stuckey
Superintendent*

*R. L. Tewell
Assistant Superintendent*

*W. B. Kranz
Director Customer Services*

*A. J. O'Rourke
Supervisor Station and Yards*

*B. W. Tancula
Sr. Trainmaster*

*D. S. Mogan
Administrative Assistant*



CHICAGO TERMINAL AREA NEWS

Our SYMPATHY AND CONDOLENCES are expressed to the families of:

MICHAEL J. SCHLEE of the Accounting department on the loss of his son Joseph M. Schlee this past month.

Mr. WILLIAM (BILL) R. JENSEN, retired Assistant Engineer - Signals who passed away on November 8th. Bill had retired from the Railroad on June 2, 1965.

RALPH R. HENSLEY, father of John and Richard Hensley and brother-in-law of Mr. and Mrs. R. L. Tewell who passed away during the month of November.

Mr. and Mrs. Robert Alberts on the loss of Mrs. Alberts Mother, LILLIAN Burnes, grandmother to Darlene and Sam Bruscato of the Engineering Department and also Pat and John Kostuch of the yard office and section forces at Western Avenue.

Mr. E. R. (GENE) HUBLEY, Signal Engineer who passed away November 18th after a severe heart attack suffered on August 1st. Mr. Hubley had returned to the hospital four weeks ago for further observation and treatment in connection with the heart attack suffered on August 1st. Mr. Hubley is survived by his widow Laura, sons, Michael, Steven and Thomas, and daughters Janice Hubley and Vickie Slouka.

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CONGRATULATIONS to Carl Baumkirchner's sister CHRISTINE MURPHY who delivered a 7 lb. 2oz baby girl Jennifer Marie recently.

CONGRATULATIONS to BRENDA ANDERSON, daughter of ELAINE and GARY BLOKER on the arrival - of a 7½ lb baby girl named Sarah Elaine on November 11, 1982 at 12:20 p.m. This is GARY AND ELAINE'S FIRST Granddaughter. CONGRATULATIONS TO THE PROUD GRANDPARENTS and to the Happy Couple.

CONGRATULATIONS to LINDA SHIRLEY who delivered a bouncing baby girl recently.

The little birdie has been on the move again and this month we are proud to announce that LOIS GUERIN of the Safety Department and husband JIM are the proud expectant parents of a new arrival. CONGRATULATIONS TO YOU BOTH.

I understand that LYNN NEUBECKER of the Personnel Office at Bensenville is a recent blushing soon to be bride. I hope LYNN let's us in on all the particulars.

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PUZZLE CORNER:

The puzzle on the following page is about Chicago, most of the people on the Railroad have some knowledge about the City and its streets, and museums, etc. GOOD LUCK!! Answers to appear in January's issue.

PUZZLE SUBMITTED BY: Keith E. McClain
Eng'g Dept/Track

DO YOU KNOW CHICAGO

EXAMPLE: Amazing Impressions _____ Art Institute

<u>Merchandise Flaunted</u>	<u>M</u> _____	<u>F</u> _____
<u>Magnificent Broadway</u>	<u>M</u> _____	<u>B</u> _____
<u>Whizzing Dins</u>	<u>W</u> _____	<u>D</u> _____
<u>Grassy Plains</u>	<u>G</u> _____	<u>P</u> _____
<u>Much Concrete</u>	<u>M</u> _____	<u>C</u> _____
<u>White Beauty</u>	<u>W</u> _____	<u>B</u> _____
<u>Astral Pictures</u>	<u>A</u> _____	<u>P</u> _____
<u>Lone Mariner</u>	<u>L</u> _____	<u>M</u> _____
<u>Urban Suburban</u>	<u>U</u> _____	<u>S</u> _____
<u>Cinema Temple</u>	<u>C</u> _____	<u>T</u> _____
<u>Springtime Shoppers</u>	<u>S</u> _____	<u>S</u> _____
<u>Lawyers Stronghold</u>	<u>L</u> _____	<u>S</u> _____
<u>Bronze on Top</u>	<u>B</u> _____	<u>T</u> _____
<u>Plenty Big</u>	<u>P</u> _____	<u>B</u> _____
<u>Ageless Image</u>	<u>A</u> _____	<u>I</u> _____
<u>Cultured Overture</u>	<u>C</u> _____	<u>O</u> _____
<u>Changed Rill</u>	<u>C</u> _____	<u>R</u> _____
<u>Perfect Hospitality</u>	<u>P</u> _____	<u>H</u> _____
<u>Tattling Tallness</u>	<u>T</u> _____	<u>T</u> _____
<u>Mad Sales</u>	<u>M</u> _____	<u>S</u> _____
<u>Bountiful Flow</u>	<u>B</u> _____	<u>F</u> _____
<u>Luxurious Sky Dwellings</u>	<u>L</u> _____	<u>S</u> _____ <u>D</u> _____
<u>Narrow Peninsula</u>	<u>N</u> _____	<u>P</u> _____
<u>Silent Aquacade</u>	<u>S</u> _____	<u>A</u> _____
<u>Helping Hands</u>	<u>H</u> _____	<u>H</u> _____
<u>Baby Zebras</u>	<u>B</u> _____	<u>Z</u> _____
<u>Wailing Fans</u>	<u>W</u> _____	<u>F</u> _____
<u>Charlie's Place</u>	<u>C</u> _____	<u>P</u> _____

by: Ray Williams - Clerk



MR. AND MRS. PAUL MURRAY SR.
... wed 61 years

Couple wed 61 years

RIDGE FARM, Ill. — Mr. and Mrs. Paul Murray Sr. of Ridge Farm celebrated their 61st wedding anniversary with a family dinner.

The celebration was at the home of their daughter, Mrs. Carolyn Gallagher of Ridge Farm, with all of their children in charge.

Murray and Ellen Chiever were married Sept. 29, 1921, in Watseka, Ill. They have resided in Ridge Farm for more than 46 years.

Murray was employed by the railroad until 1962 when he retired after 47 years. Mrs. Murray worked at Latoz Hardware and B & H Grocery in Ridge Farm and at Meis Bros. in Danville.

They have four daughters, Mrs. Gallagher and Glenda Faye Lischalk, both of Ridge Farm, Madge Helen Burris of Hegeler and Mary Ellen Lewis of Colorado.

Two sons, Kenneth and Albert, are deceased.

CONGRATULATIONS AND BEST WISHES are expressed to Mr. and Mrs. PAUL MURRAY SR. who recently celebrated their 61st wedding anniversary. Mr. Murray worked for the Milwaukee Railroad for 47 years retiring in 1962. He was the Section Foreman at Humrick, Illinois

Congratulations to you both !!!!!

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Our Sympathy and Condolences are expressed to the families of:

GEORGE W. THOMPSON a retired Terre Haute Switchman. George worked at the Hulman Street Yard for more than 40 years.

PAUL E MORSE, Engineer, who passed away in September. "MUGGS" had been retired since October 1, 1981 after 40 years of service with the Milwaukee Road.

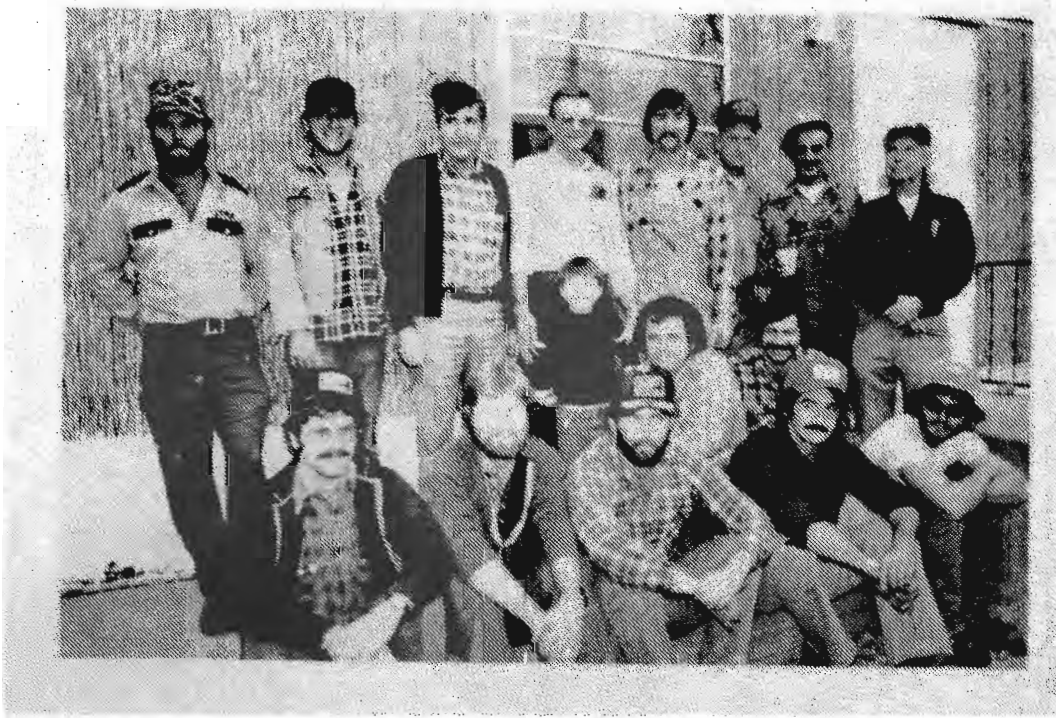
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ANSWERS TO OUR UNIVERSITY ENTRANCE EXAM FROM LAST MONTH:

- | | |
|------------------------------|-----------------------------|
| 1. Sand Box | 13. High Chair |
| 2. Man overboard | 14. Pair of dice |
| 3. I understand | 15. Touchdown |
| 4. Reading between the lines | 16. 6 feet under ground |
| 5. Long underwear | 17. mind over matter |
| 6. Crossroads | 18. He's beside himself |
| 7. Downtown | 19. Backward glance |
| 8. Tricycle | 20. Life after death |
| 9. Bi-level | 21. Soldier overseas |
| 10. 3 Degrees below zero | 22. Space program |
| 11. Neon lights | 23. See through blouse |
| 12. Circles under the eyes | 24. Just between you and me |

CHILLICOTHE AREA NEWS

CONGRATULATIONS to W. N. "BILL" CLODFELTER, Section Foreman at Laredo, Missouri who retired from the Milwaukee Road on September 27, 1982. On November 8, 1982 his fellow employees had coffee and cake for BILL at Chillicothe, furnished by Bette Atwell. Below find picture which was taken of the people who attended:



TOP ROW: Richard McMullen, Donnie Holloway, Don BeVelle- Roadmaster
Bill Clodfelter, Donnie BeVelle, Jerry Tate, Bob Dortch and
F. E. Howe.

MIDDLE ROW: Allen Atwell, Ron Atwell, and Jim Allen

BOTTOM ROW: Jim Ishmeal, Jerry Johnson, Chip Ream, Gary Hughes, and Bob
Frizzell.

* * * *

My Son, Allen "PETEIE" Atwell would like to let all of his
Railroad friends know that he will be 6 years old on
November 20th. HAPPY BIRTHDAY PETE !!!!!!!!!!!!!

Those who already have gotten their deer since hunting season
started are: Richard McMullen, Jerry Johnson and Richard Thomas.
CONGRATULATIONS !!!!!

Ron Atwell
Operator - Chillicothe

"The Clean Sweep" opens



Pictured at the left is RANDY WUEHLE, son of 2nd Operator Savanna Relay Don Wuehle, who is a young man with an all-but-forgotten profession,

CHIMNEY SWEEP

Randy Wuehle announces the grand opening of his chimney cleaning business, The Clean Sweep.

The Clean Sweep, 36 Park St., Savanna, (phone 273-3376 after 5 p.m.) provides the service of cleaning fireplace chimneys, woodstove chimneys and all connecting pipes.

Wuehle, a life-long Savanna resident who started his business about a month ago, said The Clean Sweep will service Carroll County and the surrounding

area.

A clean chimney is much more economical for the homeowner who uses a fireplace or woodstove, in addition to being a good measure of safety against home fires, Wuehle said.

Dressed in the traditional tophat, coat and tails worn by old English chimney sweeps, Wuehle explained that the tophat is worn by chimney sweeps for good luck so as to never fall off a roof. The coat and tails is the garb worn by the old-time "mastersweep,"

who supervised the young chimney climbers as they cleaned, he explained.

Wuehle has worked for the past three years as a maintenance man at Big Meadows, as well as singing and playing bass in the local band, "High Noon." In addition, he has attended two years of college.

Helping him announce his new business is the "grand opening" banner from the Savanna Chamber Merchants Committee.

CONGRATULATIONS AND BEST OF LUCK IN YOUR NEW BUSINESS

CONGRATULATIONS AND BEST WISHES to Mr. and Mrs. OTIS CROGHAN of Savanna, Illinois who celebrated their 70th Wedding Anniversary on October 30th, with an open house for family and friends in their home at 4 Hill Street, Savanna. OTIS retired as a D & I Engineer in 1962 with 57 years of service. MRS. CROGHAN was 97 in September and OTIS will be 97 in December. Mrs. Croghan advocates, "AS LONG AS WE KEEP GLOWING, WE WON'T GROW OLD."

CONGRATULATIONS TO BOTH OF YOU !!!!!!!

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CONGRATULATIONS AND BEST WISHES to GARY KEEHNER of Savanna Rail Mill and Grandson of Retired Switchman K. P. Bryant, and BELINDA HOLMQUIST of Mt. Carroll on their recent marriage on October 16th.

CONGRATULATION FOR A LONG AND HAPPY LIFE TOGETHER !!!!!!!

SAVANNA AREA NEWS CONTINUED:

Our SYMPATHY AND CONDOLENCES are expressed to the families of:

LEONARD M. FOWLER - Traveling Engineer and his WIFE on the recent loss of Mr. Fowlers Mother.

MARY PAZOUR, wife of deceased Iowa Division Conductor LOUIS PAZOUR, and cousin of ESTHER NAST, Clerk at Savanna, who passed away at Dubuque Hospital on November 17th.

We are glad to see D & I Engineer LYLE "CASEY" JONES back on the way to recovery after a triple by-pass operation recently.

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HAZARDOUS MATERIALS REGULATIONS

The Department of Transportation (DOT) has revised the hazardous materials regulations to assign a four-digit identification number for all hazardous materials, including hazardous substances and hazardous wastes.

The purpose of the identification number is to assist emergency response personnel to quickly identify hazardous materials in emergency situations. In addition to showing the identification numbers on shipping documents the DOT requires the four-digit identification number be displayed on tank cars, portable tanks and cargo tanks.

The Freight Claim Prevention Department (Hazardous Materials Section) have prepared a 15 minute tape/slide program which outlines the use of the identification numbering system, and they will provide sufficient copies of this program to the Division to permit the program to be shown to all concerned employees.

R. W. Riedl
Director Hazardous Materials

On the Southern Division Mr. Bill Kranz has been implementing this program with much success. Keep up the good work we need everyones help and cooperation in monitoring this program.

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ATTENTION ! ATTENTION! The WINTER Southern Division Hats are now on sale. They are \$4.00 and are just like the Summer caps. These caps are available in the Superintendent Office Room 107 Chicago Union Station, see Sandy Willett.



OFFICE OF SOCIAL COUNSELING

ALCOHOLISM IS IT AN ILLNESS ???

As I talk to various groups of Milwaukee Road employees, question keeps arising which I cannot always answer successfull, is Alcoholism really an illness? I'm going to take another stab at answering it here and hope to do a better job.

To begin with, if it is an illness, it is a unique illness. In 1956, the American Medical Association me and called alcoholism an illness--as far as I know, they have never done it with any other illness. It is the only illness of which I know that people deny having--not only the alcoholics, but also their family and friends. It is the only illness of which I know that is treated best by amatuers. Members of Alcoholics Anonymous do a far better job of dealing with the illness than do all the professionals, including counselors such as I.

We never had much success in dealing with alcoholism until we started treating it as an illness. We called it moral weakness, a sin, self-indulgence, and all sorts of other degrading names, but that didn't seem to help the alcoholic. Those names didn't seem to help, because alcoholics went on suffering, with their families and friends, until they died.

We don't say smoking cigaretts is an illness, but when lung cancer results, we do call that an illness. We don't call overeating an illness, but when a heart attack results, we call that an illness. I guess by the same token, we don't call drinking an illness, when alcoholism results, we call that an illness.

So alcoholism is an incurable, progressive and fatal illness. The one important thing we must remember is that it is a treatable illness, but we can only treat it when we can meet with the alcoholic. Give us a call.

Bob Hickle

MEDICAL SERVICES HEALTH TIP
by
Fred Rodriguez, R.N., M.S.N.
Medical Services Specialist

DO YOU KNOW IF YOU HAVE
HIGH BLOOD PRESSURE?

VERY FEW PEOPLE DO

It's hard to believe that over 35 million Americans can have a dangerous disease...very often without a symptom. But that's what high blood pressure (hypertension) is like. A hidden illness, yet one of the easiest to detect--and to treat.

WHAT IS THE DANGER OF HIGH BLOOD PRESSURE?

Untreated, it can affect your brain (stroke), your vision, heart (infarction), blood vessels and kidneys.

WHO CAN GET HIGH BLOOD PRESSURE?

Anyone. Regardless of age, sex, genetic background or race. However, some people are more vulnerable than others.

DOES AGE AFFECT BLOOD PRESSURE?

Yes. Under 50, hypertension is more common in men. Over 55 or 60, it is more common in women. But more males die from complications than do females. Almost half the American population over 65 has high blood pressure.

WHAT ABOUT SEX AND HIGH BLOOD PRESSURE?

Males are more likely to have hypertension under 50 years of age and women after 60, but it occurs in both sexes at all ages.

DOES IT RUN IN FAMILIES?

Yes. If a member of your family has high blood pressure, be sure to get yours checked.

IS RACE A FACTOR?

All races are susceptible. But statistics show that blacks may be affected at an earlier age and may have higher levels. A leading cause of death, hypertension kills 100 times more blacks than does sickle cell anemia.

HOW ABOUT CHOLESTOROL LEVEL
AND BLOOD PRESSURE?

The risk of heart disease increases if both high blood pressure and high cholesterol are present. Your doctor can test your cholesterol level and interpret the results.

FOR ALL AGES, BOTH SEXES AND ALL RACES

Hypertension may be associated with being overweight. (Your doctor would know if you are.) And it's aggravated by high salt intake.

WHAT CAN BE DONE ABOUT HIGH BLOOD PRESSURE?

Fortunately, plenty. First, have regular checkups. Only your doctor can diagnose hypertension, but you can help head it off. Moderation is the key. Reduction in weight, cholesterol, salt intake, stress, anxiety and smoking is the method.

Your doctor has available a wide range of blood pressure-controlling medicines which are among the miracles of modern medicine. Together with improved life-styles, they have helped cut the incidence of one type of fatal stroke in half and reduce deaths due to heart attacks by one-fourth. (In certain cases surgery may be called for.)

Obviously you can't be your own doctor. You need a support system. We call it...

PARTNERS IN HEALTHCARE

YOU ARE THE MOST IMPORTANT PARTNER.

Only you can take the first step and seek the advice of your physician. And it's you who must decide to accept the guidance and counseling of your physician and pharmacist. When medicines are prescribed, only you can take them as directed.

YOUR DOCTOR INTERPRETS THE WARNING SIGNS,
ORDERS YOUR TESTS, AND MAKES THE DIAGNOSIS.

Your physician also prescribes the best medication for you among those available--considering each drug's characteristics--and monitors your progress.

MEDICAL SERVICES

SEVEN STEPS TO LIVE LONGER

1. *Abstaining from tobacco*
2. *Being within 20% of normal weight.*
3. *Getting some form of regular exercise*
4. *Eating breakfast*
5. *Avoiding between meal snacks*
6. *Drinking in moderation*
7. *Sleeping not substantially more (or less) than eight hours a night.*

QUALITY CIRCLES - WHAT THEY ARE AND WHERE THEY ARE GOING

First in a series of articles concerning the Quality Circle

The Term "QC" - Quality Circle has been heard around the Railroad quite frequently, not everyone knows what a Quality Circle is or made up of or what purpose it serves? In the following I will try to acquaint you with the term Quality Circle and its functions.

What is a Quality Circle (QC)? A Quality Circle is a group of Milwaukee Road employees composed of QC Members, a QC Leader, a QC Facilitator, and a QC Steering Committee. The QC Members and the QC Leader of the Quality Circle meets for one hour each week, on company time to solve problems related to a specific work site.

The Quality Circle consists of 5 to 15 members (Employees) which are called QC Members. A QC Member is an employee who has volunteered to participate in a Quality Circle in his or her work site by attending the weekly meetings and doing his or her share of the work involved in solving the problems chosen to work on by the Quality Circle.

A Quality Circle Leader is the one that the members will work with once a week. The QC Leader is a Milwaukee Road Employee who also has volunteered his or her time once a week as a leader and he or she is usually the immediate supervisor over the specific work site chosen. The QC Leader coordinates, convenes, and conducts the Quality Circle Meetings each week made up of the employees who work for him/her.

Over the Leader we have the QC Facilitator. This is an employee who assists the Leader in the operation of the QC. The facilitator also helps to train the QC Members; he is at all the meetings to observe and only participates as needed; he acts as a liaison to both Labor and Management especially when he wishes to obtain people to act as technical resources to the Quality Circle or to obtain technical information needed to solve the problems under consideration by the Quality Circle.



As I stated earlier the QC members are trained along with the Leaders. Some employees might feel they are not qualified to be a member or even a leader, but don't let this deter you. All QC Members and Leaders are trained not only in the instructions of specific Quality Circle techniques but also in the skills necessary to perform their roles well.

The Quality Circle will follow a statement of principals which is generated by the LMAG oversight committee under which Management and Labor have joined together to initiate the Milwaukee Road Quality Circle Project. They also have what they call a code of conduct by which each Quality Circle lays out the ground rules for their particular Quality Circle to include such items as attendance, punctuality and the rules that will govern communication within the group.

I hope I have tried to explain the basics needed for a Quality Circle. In our next article I will try to familiarize you with the operation of a Quality Circle in the Milwaukee Road.

Editor

HAPPY
HOLIDAY to ALL.



I would like to take this space to say THANK YOU to all the many people who have helped put together OUR SOUTHERN DIVISION NEWSLETTER by either submitting articles, jotting down important dates and events, or just letting all of us know what is happening on their end of the Railroad.

THANKS AGAIN FOR ALL YOUR HELP.
Editor

A special THANK YOU to the Reproduction Department for a job well done even with all their own problems they do contribute a great deal of time in reproducing our Newsletter. I hope 1983 will be a better year.

THANKS FOR A JOB WELL DONE GUYS!!
Editor

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