ENGLAND SAYS NO ALUM IN FOOD

and strictly prohibits the sale of alum baking powder—

So does France
So does Germany

The sale of alum foods has been made illegal in Washington and the District of Columbia, and alum baking powders are everywhere recognized as injurious.

To protect yourself against alum, when ordering baking powder,

Say plainly—

ROYAL BAKING POWDER

and be very sure you get Royal.

Royal is the only Baking Powder made from Royal Grape Cream of Tartar. It adds to the digestibility and wholesomeness of the food.

COUNTY NEWS FROM OUR EXCHANGES

Chehalis.

(Bee Nugget.)

Helen, the five-year-old daughter of Dr. and Mrs. John T. Coleman, Tuesday afternoon at half past three, of malignant diphtheria. Helen had been sick with a sore throat since the preceding Wednesday and had been in company of the little daughters of Dr. and Mrs. C. D. Powell until two hours before her untimely death. She attended the Academy of the Holy Rosary in this city, and in spite of her tender years was considered very bright by her instructors. The loss of a dear playmate is felt by a number of the little ones of Chehalis, while the entire city sympathizes with Doctor and Mrs. Coleman in their deep loss.

O. M. Sage, who will be remembered by many old timers in Lewis county, is wanted in Los Angeles for theft. According to an issue of the Los Angeles Times of January 28, Sage has been chief deputy coroner under Coroner Roy S. Lanterman of that city, and the two of them are accused of robbing dead men, and falsifying their accounts. The depredations were alleged to reach into thousands of dollars and included not only coin but jewelry. Sage made part restitution, but when officers sought to arrest him on the 29th he could not be found. Mr. Sage formerly conducted a confectionery business in Chehalis. Later he went to Mineral and was in business there with a man named Jones. He again returned to Chehalis, then went to Los Angeles. While here Sage tried to break into the political game and sought the republican nomination for county clerk.

A few figures gleaned from the county treasurer's office this week are interesting, in that they show the strength of the Weyerhaeuser Timber Company in Lewis county. For this year their taxes amount to $81,722.89, on their holdings in this county after the rebates are counted out. The tax rebates amount to over $2500. It is estimated roughly that they own nearly six billion feet of timber in Lewis county, and about one third of the timber acreage. Up to the time the board sat as a board of equalization, the cost of the timber cruise was about $28,750. The increase on the taxes of the Weyerhaeuser holdings to the time of equalization, which included that portion which was equalized by the board, was about $29,500. As will be readily seen, the increase of the taxes on the timber company's holdings more than covered the cost of the cruise of the entire county to that date. Moreover, fully two-thirds of the Weyerhaeuser timber holdings is yet to be equalized. Cruiser Clinton has estimated that the total cost of the county cruise will be slightly over $30,000 or 6 cents per acre and taking the figures above given as a basis, it will be seen that the increase in taxes coming to the county from the Weyerhaeuser holdings will go a long ways toward paying for the total cruise of the county timber for the first year. The next largest timber interest in the county is the Milwaukee Land Company, an auxiliary of the Milwaukee railroad, and to which the Continental Timber Company recently deeded their holdings. This company's taxes are over $12,000. All county cruisers will be called in tomorrow night and the work discontinued until spring or summer. The cruise is about completed, only about 60 sections remaining in the mountains, where the snow makes work very difficult, and which will be finished when the weather becomes better.

(Advocate.)

Mr. and Mrs. Phillip Denzer returned Monday evening from an extended trip to California. Mrs. Denzer was formerly Mrs. Cora McInturn, of this city.

Last Monday night Mayor West appointed Dr. G. W. Kennicott city health officer, Dr. Godfrey, who was appointed some time ago, having refused to qualify.

Henry Nenert, a fruit raiser of Napavine, was in the city last Friday. Mr. Neuert is one of Washington's pioneers having come here some twenty years ago.

Arthur Fluter and Miss Adaline Albert, of Centralia, were united in marriage in that city January 30 Rev. A. D. Skaggs, of Centralia, officiating.

C. E. Green, of Menlo, and Miss Dana Salisbury, of Centralia, were united in marriage in Centralia January 24, Justice Miller, of that city officiating.

G. R. Sibley, manager of the Pacific Coast Condensed Milk company, left Monday for a visit to his old home at Atlanta, Georgia. He expects to be gone for three weeks. While he is away Mrs. Sibley will visit her parents at Olympia.

The Chehalis Liederkranz is making extensive preparations for an elaborate ball to be given at the Grand Opera House, February 22. No pains is being spared to make this one of the most successful masquerade balls of the season. A royal good time may be anticipated by those who make arrangements to attend.

Last week while J. C. Bush was in Puyallup talking hops, one of his cows down on the ranch took the responsibility of re-stocking the farm upon herself and gave birth to three calves. Two of them died a few days later but the family, as cow families go, is still an average in number.

The Baptist Junior Union elected the following officers for the ensuing term: President, Flossie Cassady; vice president, Ethel Irish; secretary, Delila Irish; treasurer, Orpha Baker; organist, Ethel Irish; librarian, Anna Lewis; leader, Mrs. J. J. Tickner. The society meets each Sunday at 2:30 p. m. in the Baptist church.

City Clerk W. A. Westover last week received the appointment of United States commissioner. The duties of the office provide for the taking of final proof on government lands and hearing preliminary cases against parties charged with government offenses. In regard to making final proof on government land the office will be of great convenience to people in this section, as heretofore all proofs had to be made at Vancouver. Mr. Westover will prove a competent and obliging official and his appointment will meet the approval of the public generally.

WHAT THE KIDNEYS DO.

Their Unceasing Work Keeps Us Strong and Healthy.

All the blood in the body passes through the kidneys once every three minutes. The kidneys filter the blood. They work night and day. When healthy they remove about 500 grains of impure matter daily, when unhealthy some part of this impure matter is left in the blood. This brings on many diseases and symptoms—pain in the back, headache, nervousness, hot, dry skin, rheumatism, gout, gravel, disorders of the eyesight and hearing, dizziness, irregular heart, debility, drowsiness, dropsy, deposits in the urine, etc. But if you keep the filters right you will have no trouble with your kidneys. Geo. E. Kent, living at 615 South Rock St., Centralia, Wash., says: "I know from personal experience that Doan's Kidney Pills act as represented. I have used them on different occasions as well as have other members of my family and they have always proved of wonderful value. They quickly relieved the pains in my back, and regulated the action of my kidneys. I have the utmost confidence in Doan's Kidney Pills, and recommend them to anyone afflicted with kidney complaint."

For sale by all dealers. Price 50 c. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other. 18-1m

Toledo.

(Recorder)

Prof. Martin was down from Tenino Saturday and Sunday.

P. E. Loomis came down from camp at Napavine for a couple of days while the frost was on the pumpkin.

The settlers in the upper Cowlitz country are at loggerheads with the forestry department about getting title to their lands.

A slight fall of snow Sunday night increased to about three inches Monday and disappeared again before Wednesday morning.

Dr. Freeman formerly of Toledo but more recently from some point in Eastern Washington, was shaking hands with old friends this week.

The Jumping Off Place.

"Consumption had me in its grasp and I had almost reached the jumping off place when I was advised to try Dr. King's New Discovery; and I want to say right now, it saved my life. Improvement began with the first bottle, and after taking one dozen bottles I was a well and happy man again," says George Moore, of Grimesland, N. C. As a remedy for coughs and colds and healer of weak, sore lungs and for preventing pneumonia New Discovery is supreme. 50c and $1.00 at P. R. Stahl druggist. Trial bottle free. 18-1m

Tenino.

(News.)

A son was born to Mr. and Mrs. H. P. Scheel on Wednesday morning.

A. C. Loomis, of Toledo, has taken possession of the Home boarding house.

Joseph Trudgian, the grocer, who has been seriously ill with pneumonia, is on the mend.

H. Harrington and Roy Scaggs, of Centralia, are the new proprietors of the Tenino livery stable.

Mr. and Mrs. P. C. Kibbe were in Olympia the first of the week. Mr. Kibbe had a case or two in the superior court.

Fifteen students out of a hundred in this county passed the eighth grade examination—Olympia 6, Tumwater 3, Lacey 2, Grand Mound 2, Rochester 1.

A pleasant party was given at the home of Mrs. Louie L. Stevens on Saturday night. The evening was passed with games. Light refreshments were served.

Mr. and Mrs. J. Arnold, of Eatonville, have taken up their residence in Tenino. Mrs. Arnold has bought and taken possession of J. J. Green's confectionery store.

L. J. Johnson spent Sunday with relatives at Shelton. That part of the return trip between Olympia and Tenino he made on a bicycle through two inches of snow.

Alex Daugherty went to Tacoma on Monday to enter a business college. He was accompanied by his father, W. A. Daugherty, who returned after arranging for his son's course.

Movements of Tenino people: Mrs. McLafferty and son, Centralia, Sunday; Mrs. Kahlin, Tacoma, Monday; Mrs. A. N. Yantis, Mr. and Mrs. William O'Connor, Olympia, Monday.

Mrs. S. W. Fenton and son, Merle, went to Seattle on Monday, where the boy submitted to an operation for enlarged tonsils. On Tuesday night Mr. Fenton went to Seattle to be present while a second operation was performed to remove an unnatural growth in the boy's nose. The family returned home yesterday.

Tenino Aerie of Eagles held their regular meeting on Wednesday night and initiated two candidates. A delegation of about forty Eagles came out from Olympia on a special train and brought along musicians and singers galore. A fine banquet was served and the time was thoroughly enjoyed until the departure of the visitors.

Miss Mildred Carroll and Carola Walden, the two Seattle young women who started about two weeks since to walk to Chicago, spent Friday night in Tenino. They were footsore and weary from their walk from Olympia, and said they had lost their furs and purse on the way. They resumed their journey on Saturday.

A very happy event occurred at the home of Mr and Mrs. George Van Tine last Sunday, the 2nd inst., when their eldest daughter, Miss Vela, was united in marriage to William Reedy. There were present only a few of the intimate friends of the young couple. They intend to make their home in this locality. The ceremony was performed by Rev. D. Matheson at 10 o'clock, after which the wedding party sat down to a fine dinner.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

Walding, Kinnan & Marvin,
Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally acting directly upon the blood mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all druggists.

Take Hall's Family Pills for constipation. 18-1m

Pe Ell.

(Enterprise.)

F. G. Weller has been appointed town clerk, H. J. Borgel, having resigned.

The Rebekahs held a special meeting Saturday afternoon and initiated one candidate.

Everyone was glad to see Miss Susie Judd come back Sunday to resume her duties in the school.

Perry M. Watson has been commissioned Special Deputy Grand Master to institute a lodge of Odd Fellows at Dryad in the near future, to be known as West Wood Lodge, No. 252.

Sage, of the water committee, reported the source of the water system not sanitary. On motion of McKnight a written complaint was ordered made to W. P. & F. water company, refusing to pay any further rent for water for fire protection, a copy of same to be presented to W. C. Yeomans, agent for the water company.

Temple Hive, No. 42, L. O. T. M., met in regular review Saturday, February 1. The auditing committee reported finding the books in a satisfactory condition, and after the certificate of merit from the Supreme Record Keeper was read, the following officers were installed: Acting P. Com., Etta Myers; Com., Mary Harlan; Lieut. Com., Emma Weller; Record Keeper, Ruth Pearsall; Finance Auditor, Barbara Mauermann; Chaplain, Addie Crawford; Sergeant, Kate Neihart; Mistress-at-arms, Lurana Hockett; Sentinel, Rosa Thompson; Picket, Katie Aust.

Suffering & Dollars Saved.

E. S. Loper, of Marilla, N. Y., says: "I am a carpenter and have had many severe cuts healed by Bucklen's Arnica Salve. It has saved me suffering and dollars. It is by far the best healing salve I have ever found." Heals burns, sores, ulcers, fever sores, eczema and piles. 25c at P. R. Stahl Druggist. 18-1m

Winlock.

(Pilot.)

Mr. Cox and family, who have been visiting in Kansas since last fall, returned to the best town in best state on Wednesday morning.

Geo. Prigmore was in town this week inspecting the drug stores of this place.

Martin Prehm returned to town on Wednesday after several weeks spent in the east.

H. P. Peterson, of Chehalis spent Sunday with his sons, Lew and Stanley Peterson.

G. W. Veness returned on Saturday from Portland, where he had been for several weeks.

Lee Hiatt and family, who have been living at Hamilton, Skagit Co., returned to Winlock this week and intend making this their home.

Misses Bertha and Georgie and Master Jack Veness spent last week in Portland visiting friends and relatives. They returned to Winlock last Saturday.

L. R. Quillen, a former editor of the Pilot but now of the Anacortes Citizen, visited friends and relatives over Sunday, returning to Anacortes Monday.

Wm. McNeil and family returned to Big Lake on Tuesday, after having spent several weeks visiting relatives here and at Pe Ell. William is head planerman in a mill at Big Lake and was taking a holiday after several months hard work.

HELPFUL ADVICE

You won't tell your family doctor the whole story about your private illness—you are too modest. You need not be afraid to tell Mrs. Pinkham, at Lynn, Mass., the things you could not explain to the doctor. Your letter will be held in the strictest confidence. From her vast correspondence with sick women during the past thirty years she may have gained the very knowledge that will help your case. Such letters as the following, from grateful women, establish beyond a doubt the power of

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

to conquer all female diseases.

Mrs. Norman R. Barndt, of Allentown, Pa., writes:

"Ever since I was sixteen years of age I had suffered from an organic derangement and female weakness; in consequence I had dreadful headaches and was extremely nervous. My physician said I must go through an operation to get well. A friend told me about Lydia E. Pinkham's Vegetable Compound, and I took it and wrote you for advice, following your directions carefully, and thanks to you I am today a well woman, and I am telling all my friends of my experience."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration.

PILES CURED AT HOME BY NEW ABSORPTION METHOD.

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write today to Mrs. M. Summers, Box P, South Bend, Ind. 19-1t

For over twenty years the Yakima Best Flour has been the leader. N. Y. Milling Co.

There is nothing else "just as good" as Kemp's Balsam, the best cough cure, and the other kinds cost just as much as this famous remedy. 19-1t

C. L. Sticklin, Funeral Director and Embalmer, Lady Assistant. Office and residence phone 1151. Parlors rear of Baptist church. tf.

FOR COUGHS **KING OF CURES** FOR COLDS

THE WONDER WORKER

FOR THROAT **DR. KING'S** AND LUNGS

NEW DISCOVERY

FOR COUGHS AND COLDS

PREVENTS PNEUMONIA

I had the most debilitating cough a mortal was ever afflicted with, and my friends expected that when I left my bed it would surely be for my grave. Our doctor pronounced my case incurable, but thanks be to God, four bottles of Dr. King's New Discovery cured me so completely that I am all sound and well.—MRS. EVA UNCAPHER, Grovertown, Ind.

Price 50c and $1.00 **ABSOLUTELY GUARANTEED!** Trial Bottle Free

SOLD AND GUARANTEED BY

P. R. STAHL

FOLEY'S HONEY AND TAR

Cures Coughs, Colds, Croup, La Grippe, Asthma, Throat and Lung Troubles. Prevents Pneumonia and Consumption

CONTAINS NO HARMFUL DRUGS

The Genuine is in the YELLOW PACKAGE

C. A. YOUNG DRUG COMPAFY

If coffee is making trouble at your breakfast table try

Golden Grain Granules

It's the pure, rich, cereal drink that can take the place of coffee and help build up the human body, when coffee tears it down.

Yours respectfully,

GOLDEN GRAIN CO.

HAVE YOU EVER TRIED ? ?

THE ROYAL CLUB CANNED GOODS

THEY ARE THE BEST ON THE MARKET. WE CARRY A COMPTETE LINE. TRY THEM.

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206 Tower Avenue, 1 Block south of P. O.

I am now prepared to show to the many patrons of Centralia a complete line of WALL PAPER which is of the latest designs. Special orders solicited. My prices are right. Call and be convinced. I also do all kinds of work in paper hanging and Painting and any kind of finishing work Will be pleased to figure on your work whether I do it or not. I also have a line of Rustic Chairs for porch, garden or house purposes.

Fox Typewriters

Ten models to select from. On the Fox Visible the writing is in sight all the time; it prints in two colors; has an automatic ribbon reverse, and the lightest touch. Send for handsomely illustrated catalogue of those machines, and our sample book and price list of typewriter papers, carbons and ribbons.

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Twenty-four years experience. Does crown work, bridge work, filling and plate work. Teeth examined free.
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